



An Anthem Company

## Important information regarding your patient

Provider name: [Provider name]  
Member name: [Member first and last name]  
Medicaid ID number: [Medicaid ID number]  
Member DOB: [Member DOB]

### Provider notification: patient at risk for preeclampsia

Our preliminary pregnancy risk screening process identified the patient above as a potential candidate for intervention to prevent preeclampsia. Low-dose, prenatal aspirin along with home blood pressure monitoring and stress reduction tools might be helpful in achieving this goal.

### Why should I prescribe low-dose aspirin therapy?

For women who have had a prior pregnancy complicated by preeclampsia, studies have shown low-dose aspirin taken after 12 weeks of pregnancy can reduce the recurrence of the disease. More broadly, literature shows that women with certain high-risk conditions would also benefit. The United States Preventive Services Task Force (USPSTF)<sup>1</sup> recommends aspirin for women with one or more of the following high-risk conditions:

- Prior pregnancy with preeclampsia
- Multifetal gestation
- Diabetes
- Hypertension
- Renal disease
- Autoimmune disease (for example, lupus, antiphospholipid syndrome)

### What is the impact of this notification?

Increasing provider awareness for at-risk women for preeclampsia and taking proactive measures can improve pregnancy outcomes, including decreasing the incidence of premature births and both maternal and infant mortality.

### Interventions

If you decide that these interventions are appropriate for your patient, please consider:

- Writing a prescription for prenatal 81 mg aspirin.
- Ordering a home blood pressure machine. Please use code **A4670** for an auto blood pressure monitor and include diagnosis code **O09.89** (supervision of other high-risk pregnancy) when ordering. Be sure to order the appropriate size cuff for the member. The following vendor information is included for your convenience.
  - Durable medical equipment vendor: Integra Partners\*

### Do you have questions?

If you have questions about this communication, are no longer treating this patient, wish to discontinue receiving these provider alerts or have received this fax in error, please contact Provider Services toll free at **1-800-450-8753** or an obstetric case manager at **1-888-743-3508**. If you have questions for

\* Integra Partners is an independent company providing durable medical equipment on behalf of Empire BlueCross BlueShield HealthPlus.

[www.empireblue.com/nymedicaidoc](http://www.empireblue.com/nymedicaidoc)

Empire BlueCross BlueShield HealthPlus is the trade name of HealthPlus HP, LLC, an independent licensee of the Blue Cross and Blue Shield Association.

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Integra Partners, they can be reached Monday through Friday from 8:30 a.m. to 8 p.m. Eastern Time via phone at **1-888-729-8818** and via fax at **1-718-228-9423**.

1 ACOG Committee Opinion #743 July 2018; USPSTF at [www.uspreventiveservicestaskforce.org](http://www.uspreventiveservicestaskforce.org)

**Important note:** You are not permitted to use or disclose Protected Health Information about individuals who you are not treating or are not enrolled to your practice. This applies to Protected Health Information accessible in any online tool, sent in any medium including mail, email, fax or other electronic transmission.