

## Updates to *AIM Specialty Health Sleep Disorder Management Clinical Appropriateness Guidelines*

*This communication applies to the Medicaid and Medicare Advantage programs from Empire.*

Effective for dates of service on and after September 11, 2022, the following updates will apply to the *AIM Specialty Health Sleep Disorder Management Clinical Appropriateness Guidelines*. As part of the AIM Specialty Health®\* guideline annual review process, these updates are focused on advancing efforts to drive clinically appropriate, safe, and affordable health care services.

- Established sleep disorder (OSA or other) – follow-up laboratory studies – added indication for one follow-up in-lab sleep study as appropriate following insertion of a hypoglossal nerve stimulator
- Multiple Sleep Latency Testing (MSLT) and/or Maintenance of Wakefulness Testing (MWT) – new indication for MWT in occupational safety evaluation
- Management of OSA using Oral Appliances (OA) – limit guideline for oral appliance use to patients 16 years and older

As a reminder, ordering and servicing providers may submit prior authorization requests to AIM in one of several ways:

- Access the AIM *ProviderPortal*<sup>SM</sup> directly at [www.providerportal.com](http://www.providerportal.com)
  - **Online access is available 24/7 to process orders in real-time and is the fastest and most convenient way to request authorization.**
- Access AIM via the Availity\* Portal at [www.availity.com](http://www.availity.com).
- Call the AIM Contact Center toll-free number at the number listed below, Monday through Friday, from 7 a.m. to 7 p.m. Central time:
  - Medicaid: **855-574-6481**.
  - Medicare Advantage: **866-745-1784**.

For questions related to guidelines, please contact AIM via email at [aim.guidelines@aimspecialtyhealth.com](mailto:aim.guidelines@aimspecialtyhealth.com). Additionally, you may access and download a copy of the current and upcoming guidelines at <https://aimspecialtyhealth.com/resources/clinical-guidelines>.

\* AIM Specialty Health® is an independent company providing some utilization review services on behalf of Empire. Availity, LLC is an independent company providing administrative support services on behalf of Empire.