

March 2019

Anthem Blue Cross and Blue Shield now covers Cologuard

Anthem Blue Cross and Blue Shield (Anthem) is excited to announce that we now cover Cologuard as an alternative for colorectal cancer (CRC) screening for our Hoosier Healthwise, Healthy Indiana Plan (HIP) and Hoosier Care Connect members.

Convenient and effective

Cologuard is a noninvasive stool DNA (sDNA) test that members can use in the convenience of their home. It requires no preparation or diet restrictions on the member's part.

Using Cologuard

Cologuard is recommended for men and women 50 years of age and older with average risk (see contraindications below) for colon cancer. Test results take about two weeks and are provided by Exact Sciences Laboratories, LLC (ESL).

To be covered:

- Screening diagnosis for average-risk members
- Out-of-network authorization is required

Contraindications

Though an effective alternative to other CRC screening methods, Cologuard should not be prescribed with the following contraindications:

- Patient/familial history of colorectal cancer, adenomas, or other related cancers
- Positive result from another screening test in the last six months
- Patients with the following conditions:
 - Hereditary nonpolyposis colorectal cancer syndrome (or Lynch syndrome)
 - Peutz-Jeghers syndrome
 - MYH-associated polyposis
 - Gardner's syndrome
 - Turcot's (or Crail's) syndrome
 - Cowden's syndrome
 - Juvenile polyposis
 - Cronkhite-Canada syndrome
 - Neurofibromatosis
 - Familial hyperplastic polyposis
 - Inflammatory bowel disease, chronic ulcerative colitis
 - Crohn's disease
 - Familial adenomatous polyposis

www.anthem.com/inmedicaidoc

Certain types of sDNA treatments, like Cologuard, are among the methods permitted as part of the National Committee for Quality Assurance's Healthcare Effectiveness Data and Information Set (HEDIS[®]) quality measure for Colorectal Cancer Screening (COL).

Cologuard is included in the American Cancer Society's *Colorectal Cancer Prevention and Early Detection Guidelines*, as well as the U.S. Preventive Services Task Force guidelines as a screening option with a three-year interval on equal standing among the other colon cancer screening options, including:

- Colonoscopy.
- CT colonography (virtual colonoscopy).
- Fecal immunochemical test (FIT).
- Flexible sigmoidoscopy.
- Flexible sigmoidoscopy with FIT.
- Guaiac fecal occult blood test.

Questions?

If you have any questions, contact your network representative or call Provider Services at the following:

- Hoosier Healthwise: **1-866-408-6132**
- HIP: **1-844-533-1995**
- Hoosier Care Connect: **1-844-284-1798**