

May 22, 2014

Sleep Study Management Program for in Home Sleep Testing (HST)

A new Sleep Study Management Program for in Home Sleep Testing (HST) became available on April 1, 2014. Medicaid patients suspected of having non-complicated Obstructive Sleep Apnea will have the ability to test at home using the AccuSom™ wireless HST device.

How NovaSom works

We have selected NovaSom Inc. as our preferred vendor of home sleep tests and services. NovaSom provides telephonic clinical support, allowing for self-administered sleep studies in your patient's home. This allows for enhanced comfort and test results more reflective of typical sleeping behaviors. All data is wirelessly transmitted from the AccuSom™ sleep testing device to the NovaSom secure portal during the testing process. Data are reviewed by sleep techs to assure quality, and daily clinical telephonic support is provided to coach the patient throughout the testing process. Once the study is complete, a board certified sleep physician interprets the study and provides a report with treatment recommendations. The goal is to provide reports within 48 hours of study completion to the ordering physician.

Treatment

Many members who completed HST and were found to have Obstructive Sleep Apnea may not require Continuous Positive Airway Pressure (CPAP) titration. Members may benefit from Auto-titrating Positive Airway Pressure (APAP) therapy, allowing patients to continue their treatment at home without traditional CPAP titration. Preauthorization for CPAP/APAP will be required through the code: E0601.

Preauthorization for participation

Anthem Blue Cross and Blue Shield will require preauthorization for all sleep studies as well as verification of clinical appropriateness for using a lab versus home setting for Anthem Medicaid members. Preauthorization for all sleep tests are required for the following codes: 95782, 95783, 95800, 95801, 95806, 95807, 95808, 95810 and 95811. Once a home sleep test is precertified, we will contact NovaSom to set up the home testing and send out the needed equipment to our member. To submit requests for preauthorization call 1-866-408-7187 or fax requests to 1-866-406-2803.

Questions

For questions regarding the procedure for home testing, contact the NovaSom inside sales department at 1-877-753-3776.

www.anthem.com

Providers who are contracted with Anthem to serve Hoosier Healthwise and Healthy Indiana Plan through an accountable care organization (ACO), participating medical group (PMG) or Independent Physician Association (IPA) are to follow guidelines and practices of the group. This includes but is not limited to authorization, covered benefits and services, and claims submittal. If you have questions, please contact your group administrator or your Anthem network representative.